



Kentucky Youth Soccer Association – Lesson Plan

TOPIC =

COACH =

DATE =

WARM UP	ORGANIZATION	KEY COACHING POINTS
	• • • • •	• • • • •
SMALL SIDED ACTIVITY	• • • • • •	• • • • • •
EXPANDED SMALL SIDED ACTIVITY	• • • • • •	• • • • • •
GAME – TWO GOALS	• • • • • •	• • • • • •
COOL DOWN		