

# Mike Hayes – Boys Recreational Coach

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- Began coaching in the early 1980's and has had stints in Richmond, Woodford county and since 2003, Lexington Youth Soccer
- Since 2007, Mike has served as an instructor for the Lexington Youth Soccer Player Developmental Camps
- Aside from teaching fundamentals, he preaches a positive work ethic, discipline and the respect for self and others
- He has an intentional and conscious method of coaching to include conditioning, skill work, methodology, and most importantly, working as a team
- Coached teams to the 2009 and 2010 Kohl's American Cup elimination rounds.

