

Kentucky Youth Soccer Association

Finishing & Passing Patterns

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During the April 2016 visit to Holland with the Kentucky Youth Soccer 1999-2000 ODP teams, I had the opportunity to observe many training sessions from Feyenoord's First team to amateur youth teams in Rotterdam.

Within every session observed the coach would conduct some passing pattern going to goal. To follow are several of the patterns where the coaches would focus on the execution of the technique of passing, receiving and finishing as well as the timing of the runs.



Finishing & Passing Patterns

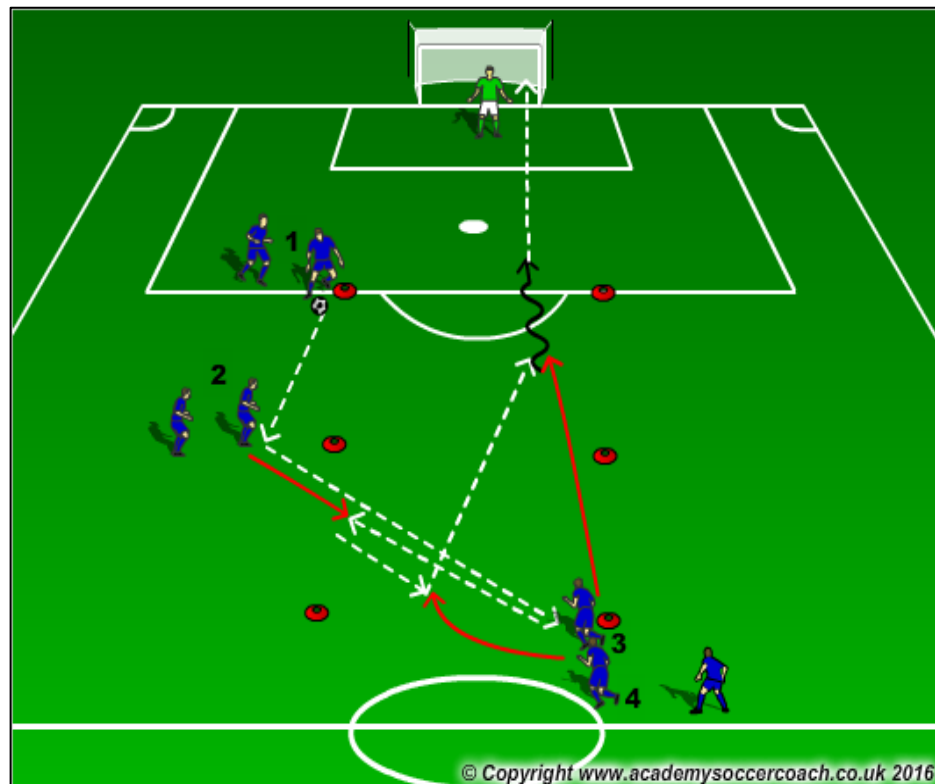


A passes to B. B Passes back to A, one touch
A passes to C, who pulls off the post slightly
C passes back to A, who moves up to meet the pass
A passes into the path of D, who should be running onto the pass
D takes the shot.
Rotation: A moves to D, B Moves to A, C moves to B, D moves to C



A passes to B. B passes back to A, on touch
A passes to C, who pulls off the post slightly
C passes to D, who drops off the post and opens up their hips
D passes a longer pass into B who times their run to meet the pass and shot
first time (left footed) or take a touch and shot.
Rotation: A moves to D, B moves to A, C moves to B, D moves to C

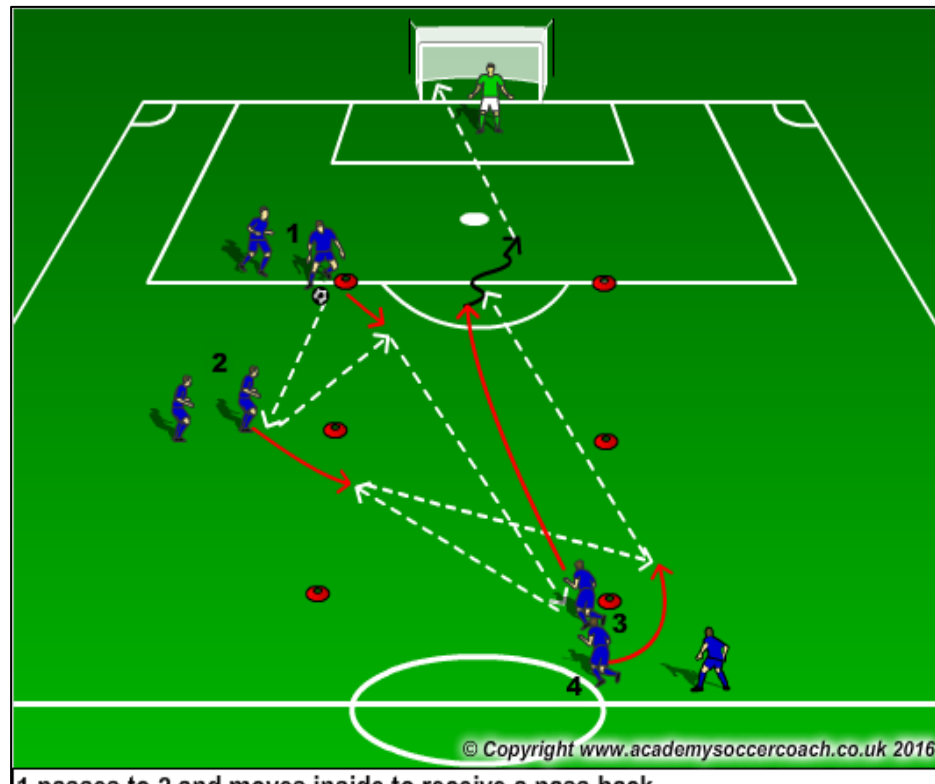
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1 passes to 2, who opens up to the field
2 passes to 3, and 3 passes a one touch pass back
3 passes to 4 who drops and opens up
4 passes to 3 who makes a run, towards the goal. 3 may take a couple of touches or shoot first time depending on the weight of the pass

Rotation: 1 moves to 2, 2 moves to 4, 3 moves to 1, 4 moves to 3



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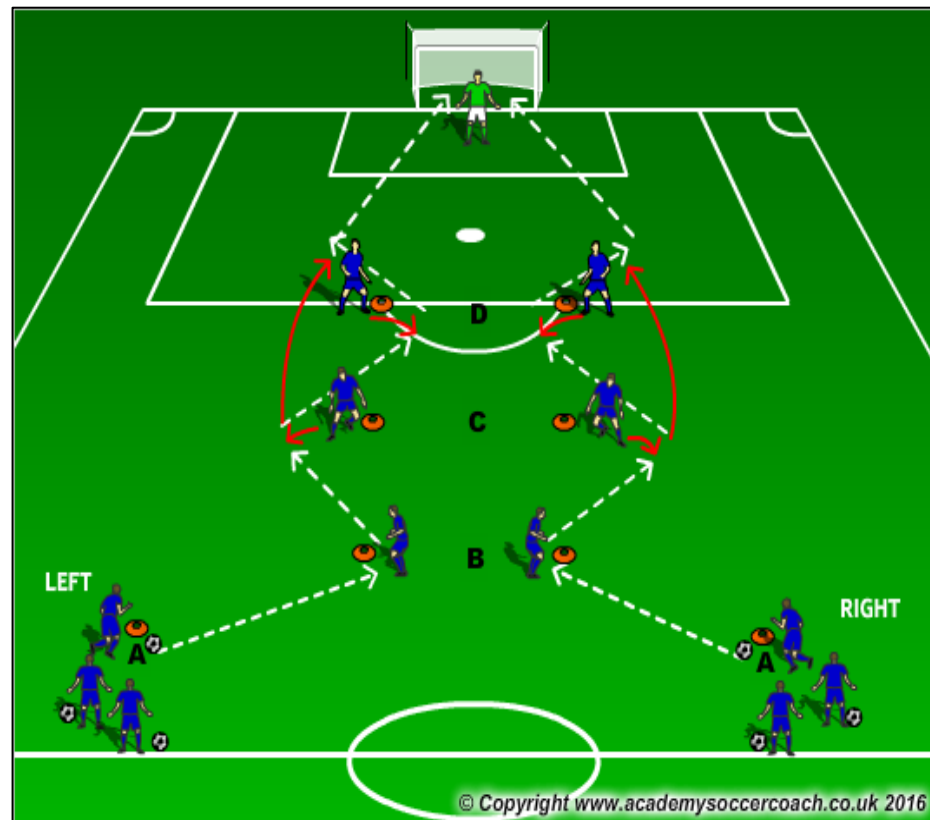
1 passes to 2 and moves inside to receive a pass back
1 passes to 3.
3 passes the ball back to 2.
4 comes around the outside to receive an angled pass from 2
4 passes the ball through to 3 towards goal. 3 may take a couple of touches or shoot first time depending on the weight of the pass.

Rotation: 1 moves to 2, 2 moves to 4, 3 moves to 1, 4 moves to 3

Finishing & Passing Patterns



A passes to B
 B passes the ball back to A
 When the ball is played back to A. Player B either moves left or right.
 Which ever side they move, player C moves the opposite.
 A passes the ball to player C.
 C plays the ball back to B who turns and shoots on goal.



Start on the right side
 A passes to B, follow the pass
 C pulls off and opens up by going out to receive the pass from B. B follows the pass.
 D moves inside to receive the pass from C.
 C makes the run on the outside to receive the pass from D
 C shoots on goal. D retrieves the ball and goes to A. C moves to D
 Players rotate sides when bringing the ball back.

Finishing & Passing Patterns



Start on the right side

A passes to C and moves to the B cone

B moves inside for C to pass the ball back

D moves inside for B to pass forward

C makes a run on the outside

D passes the ball into the path of C for the shot to be taken

B moves to C, C moves to D, D retrieves the ball and goes back to A on the opposite side.



Start on the right side

A passes to B and B passes back an angled pass

A passes the ball to D who pulls out and opens up

C spins inside and receives the pass from D.

C shoots on goal

A moves to B, B moves to C, C moves to D, D retrieves the ball and returns to A on the opposite side.