

# KENTUCKY PREMIER LEAGUE

## 2025-26 KPL 13U-19U UPDATED SUBSTITUTION POLICY



Following the guidance and format of the USYS National Championships, we are modifying the substitution policies for the **KPL 13U-19U Premier Divisions** (all other Divisions will play with Unlimited substitutions) this Spring in order to mirror the policies for which State Cup and the National Championships will be played for the 2025/26 season:

- **13U & 14U: Unlimited** substitutions over **three moments** per half plus halftime.
- **15U–18/19U: Unlimited** substitutions over **four moments** per match plus halftime.



Each team will provide a KPL Substitution Moment Card to the referees for each moment used.

In the 13U & 14U Divisions, these cards will be returned to the coach at halftime for use in the second half.

For 15U-18/19U Divisions, these cards will be returned after the game concludes.

Substitutions can occur at any stoppage with the referee's approval. Re-entry is permitted at designated substitution points or at any time during play if the referee permits.

For the 15U-19U Divisions, you may use the moments as you wish. You may use one in the first half and three in the second half, split them between the two halves or save them all for the second half, etc.

Substitution moments are individual to the teams, meaning you may not "piggyback" on the other team's moments. If both teams make a substitution at the same time, that will count as using one moment for each team.

A temporary substitution for any suspected head injury is permitted and would not count as a substitution moment. If the player is cleared, they may re-enter the game upon approval of the referee, replacing the temporary player. This will also not count as a substitution moment.

If you are out of substitution moments and a player suffers any other sort of injury, besides the above-mentioned head injury, you must continue down a player until either the player is able to return or you get to another substitution moment, such as halftime.

### Revised KPL Game Formats/Procedures

Age	Halves	Ball	Game Format	Substitution Policy	Roster Range
17U/19U Premier	2x45 Minutes	Size 5	11v11	Unlimited- 4 moments per <u>match</u> + halftime	7-22
17U/19U First/Second	2x45 Minutes	Size 5	11v11	Unlimited	7-22
15U/16U Premier	2x40 Minutes	Size 5	11v11	Unlimited- 4 moments per <u>match</u> + halftime	7-22
15U/16U First/Second	2x40 Minutes	Size 5	11v11	Unlimited	7-22
13U/14U Premier	2x35 Minutes	Size 5	11v11	Unlimited- 3 moments per <u>half</u> + halftime	7-22
13U/14U First/Second	2x35 Minutes	Size 5	11v11	Unlimited	7-22
11U/12U All Divisions	2x30 Minutes	Size 4	9v9	Unlimited	10-18
9U/10U All Division	2x25 Minutes	Size 4	7v7	Unlimited	7-14(Recommended)

This update is effective immediately and will be the standard for all Spring 2026 and future KPL games.