



USYS National Championship Substitution Policy

All 13U-19U games as part of the 2026 USYS National Championship Series will now be subject to the substitution moments policy.

Please print out the cards below to bring with you at each of your State Open Cup games. You must present these to the referee crew, 4th official if available, during your game when you enter a substitute.

Please note the following critical items regarding this new policy:

- 1) **13U & 14U: Unlimited** substitutions over **three moments** per **half** plus halftime.
15U-18/19U: Unlimited substitutions over **four moments** per **match** plus halftime.
- 2) Each team will provide a State Cup Substitution Moment Card to the center referees or 4th official, when available, for each moment used.
- 3) In the 13U & 14U Divisions, these cards will be returned to the coach at halftime for use in the second half.
- 4) For 15U-19U Divisions, these cards will be returned after the game concludes.
- 5) Substitutions can occur at any stoppage with referee approval. Re-entry is permitted at designated substitution points or at any time during play if the referee permits.
- 6) For the 15U-19U Divisions, you may use the moments as you wish. You may use one in the first half and three in the second half, split them between the two halves or save them all for the second half, etc.
- 7) Substitution moments are individual to the teams, meaning you may not “piggyback” on the other team’s moments. If both teams make a substitution at the same time, that will count as using one moment for each team.
- 8) A temporary substitution for any suspected head injury is permitted and would not count as a substitution moment. If the player is cleared, they may re-enter the game upon approval of the referee, replacing the temporary player. This will also not count as a substitution moment.
- 9) If you are out of substitution moments and a player suffers any other sort of injury, besides the above-mentioned head injury, you must continue down a player until either the player is able to return or you get to another substitution moment, such as halftime.



KENTUCKY
STATE OPEN CUP
SUBSTITUTION
MOMENT CARD



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*ONLY FOR USE IN 15U-19U